

Notecards of August 2019

1. I wish I could tell you to not be fearful. You're amazing. Grab life by the balls and be who you are meant to be
2. To Nathan Wright wherever you may be – Dave
3. To my Friends in Taiwan: Brett Margolis, Jennifer & family. Wade Davis, Elsa & family. John Kuhol, Joe and family. And all the others.-. (heart image) Dave
4. Hi Mary! Everyone here in Seattle misses you. I hope all is well in Texas! And I hope you make it to Guam soon. You would be proud -
- I stopped my long run to have tea in your honor (Mat or Max?)
5. Bike to Solace, Park. Tea Rainier Hazy Snow Capped white sitting here above (aug 28 2019)
6. Separation/ We never know how high we are/Till we are called to rise;/And then, if we are true to plan,/ Our statures touch the skies//The heroism we recite/ Would be a daily thing./ Did not ourselves the cubits warp/ For fear to be a king.//Emily Dickinson (*I'm not sure cubits warping is ED's but that's what is on the card*)
7. Uncle Terry- I'm enjoying this view of Mt. Rainier thinking of you. You are loved and you are missed (heart image) your niece
8. My (heart image) to the Chapenes! Billy. Aurelio & Lorena, baeg(?). Eduardo. Che Chu Roanld. B
9. A poem by Diane Di Prima that due to copyright issues I don't think I can reproduce. It's – Revolutionary Letter #1
10. Dear little brother. Keep going I hope you start dreaming. I love you
11. “Let me live by the side of the road and be a friend to man.”
Line from a poem, (early 20th century?)
12. What is it that you think about...when you shower, when you drive, when there is no outside conversation. Is it repetitive? Does it make you happy? Is it curious(sic), or selfish, or based on self doubt. Do they move the mountains inside you?
13. This message is for my mom in Virginia, who is finally feeling like herself again after a 3 year health struggle, Stay strong Mom! I

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love you! Becca

14. To my VA family especially my father who is ill both mentally and emotionally we are family Big Al, Rita, Marc, Anne, Tom, Nathan (heart) Dave
15. To Mt. Rainier/ I give thanks for your wisdom, hyour steadiness, the monumental way you watch over this land and community. Een in the heat of late August, angles or white snow lay across your shoulders. Thank you for being a compass for so many people navigation the city and the forests. You stillness holds power. Thank you for caring for us with such abundance and joy. Love, L
16. The Guest House Rumi/ This being human is a guest house/
Every morning a new arrival/ a joy, a depression,/a meanness, som momentary awareness comes as an unexpected visitor/ Welcome and entertain them all/ even if they are a crowd of sorrows who violently sweep your house empty of it's furniture/ still treat each guest honorably./ He may be clearing you out for some new delight/ the dark thought, the shame, the malice. Meet them at the door laughing and invite them all in/ Be grateful for whatever comes because each has been seen sent as a guide from beyond.
17. You'll talk to me as if its the first and maybe the last time. I will respond in kind.